

Interim Report VII
Adopt a Village – Osenetoi
Submitted To:
SVQF
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Introduction

Since 2010, Osenetoi has made significant development and progress in spite of the initial challenges faced within the community. Some of the challenges faced have included instances of early marriage, alcoholism, high unemployment rates, domestic violence and reoccurring bouts of drought and famine. Carving a path towards holistic and sustainable solutions, Free The Children, with the support of SVQF, is working alongside Osenetoi community members to ensure that they feel empowered with the necessary skills and resources needed to change their own lives.

The community is experiencing tremendous development, specifically in regards to the quality of education administered and the growth of opportunity available for young people. Free The Children is very excited to report that new water initiatives will be underway in 2013, bringing sustainable clean water solutions to Osenetoi. In addition to this news, four classrooms have been completed in the community, providing students with a safe and cheerful space to learn. Thanks in large part to SVQF, development continues to expand within the community with many noteworthy successes and achievements attained over the course of the last year.

Executive Summary

Program	Adopt a Village
Country	Kenya
Program Objectives	<ul style="list-style-type: none"> • Provide access to quality primary education • Provide access to clean and safe water for all community members • Provide access to standard health care facilities and medical resources • Food availability outcomes improve and disease incidence significantly lowered • Increase empowerment and independence of women • Increase base family income through sustainable and diversified income generating activities
Sectors of Focus	Education, Clean Water and Sanitation, Health, Alternative Income and Livelihood
Operational Area	Osenetoi, Narok South District
Program Start Date	December 2010
Funding Partner	Sanam Vaziri Quraishi Foundation (SVQF)
Total Budget	\$250,934
Funds Dispersed to Date	\$212,972
Predicted Number of Beneficiaries	2,000 (direct & indirect)
Free The Children Contact	Alison Herr, Program Manager

Map of Osenetoi and Narok South District



Education

Status of Projects Funded by SVQF

Project Funded	Status
5 classrooms	In progress ¹
5 classrooms outfitted	In progress ²
2 teacher accommodations (5/class)	Not yet started
Textbooks	In progress ³
200 school kits	Not yet started ⁴
2 teacher training workshops	Completed
1 library	Not yet started

Impacts

Project Indicator	Impact
Number of students enrolled and regularly attending	282
Number of boys enrolled	159
Number of girls enrolled	123
Total number of classrooms needed to accommodate the students	8
Number of pre-existing permanent classrooms	3
Number of pre-existing semi-permanent classrooms needing to be repaired or rebuilt	2
Number of classrooms constructed	4
Number of teachers currently employed	11
Number of female teachers	3
Number of male teachers	8
Teachers participating in School Pride Program	11
Number of external stakeholder meetings	5

Osenetoi Primary School reached a milestone this past December, participating in their first grade 8 Kenya Certificate of Primary Examinations (KCPEs). The KCPEs shape the course of students' futures and help determine their educational path after the completion of grade 8. In total, 11 grade 8 students (six girls and five boys) from Osenetoi Primary School participated in the examination. The School Management Committee held a grade 8 graduation to celebrate the success and hard work of these students. It was a great way to get parents further engaged and showcase the importance of education. Free The Children's Education Coordinator also visited with the grade 8 students, encouraging them to

¹ The overarching goal of building five classrooms as part of SVQF's support is in progress. Construction has completed on 4 classrooms and outfitting and landscaping is still in progress.

² 21 desks, including a teacher's desk, have been provided to each completed classroom.

³ The distribution of textbooks is in progress with some having been distributed and more to follow.

⁴ SVQF has generously provided funding to support the distribution of 200 school kits. Additional kits will also be provided through in-kind donations from other supporters.

continue to work hard and congratulating them on being the first grade 8 graduates from Osenetoi Primary School.

Osenetoi Primary School, with the support of Free The Children, is always looking for new ways to improve the quality of education and expand the learning opportunities available for their students. For instance, the Education Coordinator held a meeting with teachers to discuss performance monitoring in their school. He encouraged teachers to continue to work closely with students, tracking their progress from an early age to ensure continued success and improvement. The coordinator also provided the school with additional school supplies.



Teachers responsible for administering examinations are also taking additional strides to ensure that students continue to improve. Many teachers from various Free The Children schools met to brainstorm and discuss ways to continue to improve examination results. They shared results from one another's schools, best practices and plans for improving scores in the future. Attendees elected a treasurer, secretary and chairperson and have decided to continue to hold such discussions on a regular basis.

In the first and second term of this past school year, grade 8 students from Osenetoi Primary School also participated in the Ololulunga divisional examinations. The school's grade 8 students have shown improved performance results in their mean scores by an increase of 8.4%. This finding is based on the improvements made from term one to term two. Similarly, grade 7 students from Osenetoi Primary School also participated in regional examinations during both terms. Grade 7 students from Osenetoi Primary School showed a 5.8% grade improvement. Students and teachers alike are very proud of the progress being made and are determined to continue to improve test results and the quality of education in their community.

Free The Children is also pleased to share that construction has been completed on four classrooms in the community. Work is still in progress to ensure that each classroom is properly outfitted with the necessary resources and furniture. Landscaping surrounding the classrooms is also ongoing. This summer, construction will begin on the fifth classroom. Community members are very proud of the newly constructed classrooms which will provide the much anticipated learning space and atmosphere necessary for students to reach their fullest potential.

Clean Water and Sanitation

Status of Projects Funded by SVQF

Project Funded	Status
4 double-unit latrines	In progress
8 hand-washing stations	Not yet started
12 water, sanitation and hygiene education sessions	Completed & ongoing

1 borehole well	Not yet started ⁵
1 masonry tank	Not yet started

Impacts

Project Indicator	Impact
Number of latrines planned	6
Number of latrines constructed	3
Number of wells planned	1
Number of water, sanitation and hygiene education classes delivered	4/year
Number of households boiling water	23
Number of households with their own latrines	20
Number of households with their own hand washing stations	3



The school continues to follow clean and safe water practices. Training provided from the previous quarter has given community members knowledge surrounding the importance of boiling water, the use of latrines and hand washing practices. Such training provides households and families with the knowledge necessary to begin incorporating clean water, sanitation and hygiene practices into their daily routines. Several households now boil their water before consumption and 20 households also have their own latrines.

The community currently relies on a shallow well, approximately 250 meters away from the school, which had been previously dug by the community. The completion of a new community well will help alleviate the time spent boiling water that is potentially contaminated. This will not only further mitigate water borne illnesses in the community, but it will also help increase the regular attendance of students, who otherwise would be missing school due to illness. A new well will be a sustainable clean water solution for the community, especially when faced with dry seasons and drought.

SVQF's contributions will support the following next steps, projects and programs:

- Provide ongoing community mobilization and sensitization on clean water, sanitation and hygienic practices
- Perform a hydrological study, test pumping and conduct a water analysis
- Acquire drilling authorization
- Complete an environmental assessment
- Facilitate the formation of a water management committees and operators
- Complete the construction of water storage tanks

⁵ Borehole well is slated to begin construction phase during the summer of 2013.

- Dig pipeline trenches
- Test and commission borehole

Free The Children, with the support of SVQF, will work alongside the community to ensure that they are equipped with long-term sustainable water sources. Clean water and sanitation will help Osenetoi Primary School strengthen school attendance, health and community pride. Free The Children is excited to announce that all 12 water, sanitation and hygiene education sessions have been completed, but that sessions will continue to be held every quarter. Free The Children looks forward to reporting on the progress and developments that will continue to expand over the coming year, including the construction of a community well.

Health

Status of Projects Funded by SVQF

Project Funded	Status
12 visits from mobile health clinic	In progress & ongoing
12 health education workshops	In progress ⁶
1 teacher training workshop	Not yet started
2 health awareness days	In progress
15 household chimneys	4 chimneys constructed
Health supply delivery	In progress ⁷

Impacts

Project Indicator	Impact
Number of students dewormed	229
Number of female students dewormed	104
Number of male students dewormed	125
Number of mobile health clinics conducted	1/month
Number of student health lessons	9
Number of students participating in school based health club	40

Free The Children, with the support of SVQF, is working to improve health care conditions in the community of Osenetoi. Multiple programs have been underway at Osenetoi Primary School to address the specific health needs of the community. Such programs have included health education, deworming and health demonstrations. Health education is provided at the school level to students on an ongoing basis. Lessons provide information on several topics including personal hygiene, puberty, healthy habits for the home, first aid and infection control. The objective is to educate and enable students with the ability to practice healthy habits at school and then share those practices with their family members at

⁶ 9 health awareness workshops have been held

⁷ Osenetoi continues to receive visits from the mobile health clinic equipped with resources. The community also now has access to the newly established Kishon Health Clinic, located on Maasai land.

home. This is especially relevant in regards to the training they receive on the 8 healthy habits for the home. These include the implementation and use of a dish drying rack, latrines and hand washing stations, a bathroom, a kitchen garden, a rubbish pit, a hanging line for clothes, boiling water and a smokeless chimney. Dozens of households are now implementing many of these habits and these numbers continue to rise as families become more familiar with their health benefits.



In addition to the health education training provided, members of the school health club re-enacted some of the lessons given and performed proper health practices. They demonstrated proper hand washing techniques, bandaging and how to use a handkerchief to prevent cross contamination. Lastly, in addition to both the training and demonstrations, students and teachers were dewormed. Deworming is conducted every three months to curb the manifestation of all sorts of worms and parasitic infestations in the school. Students were also asked to inform their parents about the availability of deworming for younger siblings and children.

Complementary to the health lessons provided at the school, health awareness training sessions were also provided to all of the community women's groups. A social worker held awareness training workshops with the Naserian and Dupoto women's groups of Osenetoi, discussing various health topics. She provided valuable information on the importance of a balanced diet, general nutrition and identifying and treating malnutrition. She provided information on nutritional supplements such as porridge flour and how it can be used to treat malnourishment. The social worker educated the groups on the benefits of breastfeeding exclusively for the first 6 months after birth. Instruction was also given on how to properly transition an infant from breastfeeding to solid foods. Complementary feeding and food preparation techniques were also discussed. In addition to nutrition based training, the women's groups were also provided with information on general children's health issues and were informed of the antenatal and delivery services available at the Baraka Health Clinic.

The social worker also covered topics relating to STIs. She discussed the modes of transmission and prevention measures that can be practiced. More broadly, she also educated woman on other diseases and on the importance of immunization. Women were trained on how to administer first aid, with a special focus on treating burns. The social worker also discussed preventative measures that can be taken to minimize the chances of burns, speaking about the benefits of installing a smokeless chimney. Lastly, the social worker discussed healthy habits that can be implemented within the household to combat anything from a simple illness to a life-threatening disease.

Complementary to the health education and awareness workshops conducted in the community, a mobile health clinic visited Osenetoi each month. Stationed at Osenetoi Primary School, the mobile clinic disseminated information on several health related issues, immunized children under the age of five and provided minor treatment to common conditions. People with skin related conditions were referred to the dermatology camps at the Baraka Health Clinic for care.

Free The Children is thrilled to announce the opening of the Kishon Health Clinic this past February. Located on Maasai land, the clinic will cater to the health needs of Osenetoi community members, specializing in eye and dental care. The clinic will also be responsible for consultations, emergencies, minor cases, laboratory services, administering drugs, maternal and child healthcare (immunizations, postnatal care and antenatal care for pregnant mothers). The clinic also provides health programming. Even with the additional services now available, Free The Children will continue to provide mobile health clinic visits to Osenetoi to ensure that they continue to receive full access to health services and care.

Alternative Income and Livelihood

Status of Projects Funded by SVQF

Project Funded	Status
Microenterprise development resources distribution	In progress
Training workshops	In progress

Impacts

Project Indicator	Impact
Total Number of Alternative Income beneficiaries	240 (direct and indirect)
Number of women's groups formed	2
Number of women's groups training sessions/month	4
Average daily income percentage increase for members of women's groups	60% income increase
Number of youth groups formed	3
Number of men's groups formed	1

Osenetoi continues to work alongside Free The Children, with the support of SVQF, implementing economically sustainable income generating solutions. Alternative income and livelihood programs in the community continue to develop, as new men's and youth groups begin to form. Free The Children has met with these new groups to provide them with the knowledge and training necessary to successfully sustain a group, discussing the importance of cooperation, group dynamics and the benefits of forming a merry-go-round. In a merry-go-round, group members contribute and deposit a set amount of money at every meeting. At the end of each meeting, one person keeps the lump sum of money. This process is continued until every group member receives a turn. This system strengthens community pride while also providing community members with a viable strategy for saving money.

During this last quarter, the Naboisho youth group was very active. The group met with Free The Children's Alternative Income Coordinator, with 20 members in attendance, to discuss group dynamics and to learn some conflict resolution techniques. They also discussed plans for the future and the group's progress made thus far. They plan to continue their merry-go-round program, collecting two shillings every day. The group has saved a total of 40,000 shillings. Funds are often used to purchase

sheep and goats, having already purchased 19 in total. Group members continue to meet on a frequent basis enjoying the success their group has attained.

In Kenya, it is estimated that approximately 46.1% of the population lives in absolute poverty. This challenge forces many parents to remove their children from school to find work. In response, Free The Children's Alternative Income Coordinator works closely with all community groups to ensure long-term sustainability. This way, their children can stay in school while they earn a reliable and steady income.

Additional meetings and training workshops have been planned, specifically with the men's and youth groups, to discuss their successes, challenges and plans for the future. The support and guidance provided to these groups further strengthens their dynamics and increases the probability of sustainability over the long-term. Groups will continue to participate in merry-go-rounds and will increasingly gain knowledge and training on financial literacy, budgeting and vocational training. Upon completion of training, groups will be well equipped to begin implementing income generating projects.

Free The Children is excited to report the exponential increase in women's yearly annual income since the implementation of women's groups in the community. This increase will continue to grow as the groups further develop and begin to implement other income generating projects. Osenetoi has shown great success and development in the past year and Free The Children is excited to watch as more progress will be made throughout 2013.

Agriculture and Food Security

Status of Projects Funded by SVQF

Project Funded	Status
Nutrition Program	In progress & ongoing

Impacts

Project Indicator	Impact
Number of students receiving lunch	286
Number of students participating in school based environment club	40
Number of environmental lessons	2/school term
Number of people benefitting from school gardens	300
Number of kitchen gardens	15
Number of people benefitting from kitchen gardens (direct & indirect)	76

Hunger is the number one health risk facing the world today and kills more people than AIDS, malaria and tuberculosis combined. Free The Children believes in a world where young people are free to achieve their fullest potential and this can only be made possible when students have the health and nutrients needed to regularly attend and fully participate in school. In response to this need, and also in relation to the compounding affects of the East African drought, Free The Children ensures that students

receive a lunch every day through a school nutrition program. Providing lunch at school every day not only strengthens students' attention rates and overall health but it also lessens the chances of students opting for work opportunities over an education. During this last quarter, Free The Children supplied Osenetoi Primary School with 5 bags of maize and 2 bags of beans. Through the support of SVQF, Free The Children is able to provide every student at Osenetoi Primary School with a nutritious lunch every single day, creating long-term sustainable solutions.

The Osenetoi environmental club has been very busy ensuring the success of its new demonstration garden at school. The garden has been fenced off and is currently rain fed. As further water projects develop, the environmental club will act accordingly to ensure the further sustainability and efficiency of the garden. During harvest season, the new demonstration garden also supplements the school's nutrition program. Several families in the community have also established their own kitchen gardens that help supplement food at the household level.

Conclusion

The community has experienced a substantial amount of development and progress over the course of this year. Osenetoi Primary School celebrated the success of participating in its first grade 8 examinations, establishing its own demonstration garden and making an addition to the teaching staff. In addition to achievements made within the school, the community has also experienced increased female annual income for those involved in women's groups, increased community pride and an increase in alternative income beneficiaries. Health awareness programming, health care, merry-go-round savings groups and the school nutrition program continue to prosper and provide sustainable solutions to the community of Osenetoi.

Free The Children is very thankful for SVQF's support and is excited to continue to share the success stories from the community of Osenetoi.

FAQs

Costs of Project Items

Project Items	Cost
Deworming 1 child	Market cost of 1 tablet = 0.47 USD
School fees	Primary school fees are free and provided by Kenyan government
Bar of Soap	\$1.40 USD

Does Free The Children work with the government in providing education to rural communities?

In all Adopt a Village counties, Free The Children partners with the Ministry of Education to ensure that all school-related projects initially implemented by the organization are maintained over the long-term. For example, the Ministry of Education in Kenya works with School Management Committees (made up

of teachers and headmasters of each school) to ensure the schools are properly resourced, maintained and operated.

Sustainability is the goal of all Free The Children's Adopt a Village projects. From the very beginning of our work in a community, Free The Children works closely with the government to ensure that local community members are empowered and have real ownership over each Adopt a Village education project, be that a school room, a school garden or a student environmental club.

Is girl-child education a focus for Free The Children?

Yes. We believe that education provides the highest return of any social investment. Education is the best way to empower people, especially girls, with the tools, knowledge, strength and confidence they need to promote and protect their own rights, growth and self-sufficiency. Education helps girls, their families, their communities, and even their nations, break the cycle of poverty.

In developing communities around the world, girls have unique challenges in accessing education, staying healthy and breaking free of poverty—but they also provide hope for change more than any other group. In Free The Children's work around the world, one thing transcends borders: the power of a girl to create positive change.

Do boys and men participate in and benefit from Free The Children programming?

Our holistic development model, Adopt a Village, empowers *all* community members, regardless of gender. We believe that education provides the highest return of any social investment. Education is the most effective way to empower young people – both boys and girls – with the tools, knowledge, strength and confidence they need to promote and protect their own rights, growth and self-sufficiency.

In the communities where we work, girls face unique challenges in accessing education, staying healthy and breaking free from poverty. Where we work, there is typically a large gender gap in education, with more boys in school than girls. As a result, while our work is not exclusively focused on girls, we do work to increase the number of girls enrolled in school. Having said that, we believe in the importance of quality education for both boys and girls.

How does Free The Children involve the communities in which it works in its Adopt a Village programming?

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Budget and Financial Tracker

SVQF Kenya Project Costs							
Adopt a Village							
Osenetoi, Narok District (South), Kenya							
	Project	Units	Unit Cost (USD)	Total Budgeted	Total Funded to Date	Balance Remaining	Project Status Notes
Education	Classroom construction	5	\$8,500	\$42,500	\$42,500	\$0	4 classrooms complete
	Outfitting (desks, chairs, classroom fixtures)	5	\$2,500	\$12,500	\$12,500	\$0	2 classrooms outfitted
	Teachers' Accommodations/staff	2	\$5,000	\$10,000	\$10,000	\$0	Not yet started
	Textbooks (for a class of 40)	5	\$150	\$750	\$750	\$0	In progress
	School supplies or school kit	200	\$24	\$3,840	\$3,840	\$0	In progress
	Teacher Incentive Program/teacher		-		\$0	\$0	
	Teacher training or workshops	2	\$1,000	\$2,000	\$2,000	\$0	2 workshops completed
	Library	1	\$15,000	\$15,000	\$15,000	\$0	Not yet started
<i>Total</i>				\$86,590	\$86,590	\$0	
Health	<i>Mobile Health Clinic</i>		-		\$0	\$0	
	Medication/month	12x3	\$150	\$5,400	\$5,400	\$0	1 mobile clinic visit/month
	Medical and General Supplies/month	12x3	\$50	\$1,800	\$1,800	\$0	Supplies delivered/month
	<i>Health Education Workshops</i>		-		\$0	\$0	
	Women's group health related training/month	12x3	\$5	\$180	\$180	\$0	In progress
	School health Club training/month	12x3	\$5	\$180	\$180	\$0	In progress
	Trainer Training Workshops	1	\$1,250	\$1,250	\$1,250	\$0	In progress
	Health Awareness day (full reach)	2	\$1,250	\$2,500	\$2,500	\$0	1 awareness day held
	Chimney Project (per household)	15	\$75	\$1,125	\$1,125	\$0	In progress
	Health Supplies		-		\$0	\$0	
	First Aid Kit/unit	1	\$100	\$100	\$100	\$0	Completed
	Information Resources and Educational Tools	1	\$20	\$20	\$20	\$0	Completed

	Kenya Nutrition Program (lunch/child/year)	200	\$25	\$15,000	\$15,000	\$0	In progress
<i>Total</i>				\$27,555	\$27,555	\$0	
Water and Sanitation	Latrine construction	4x2	\$750	\$6,000	\$6,000	\$0	3 latrines complete
	Hand-washing station construction and restocking	8	\$75	\$600	\$600	\$0	Not yet started
	Water, Sanitation and Hygiene Education		-		\$0	\$0	
	School-based materials/month	12x3	\$5	\$180	\$180	\$0	In progress
	Women's group based materials/month	12x3	\$5	\$180	\$180	\$0	In progress
	Community based	1	\$1,250	\$1,250	\$1,250	\$0	In progress
	Water System Construction - Borehole ⁸	1	\$50,000	\$50,000	\$37,865	\$12,135	Not yet started
	Masonry Tank	1	\$5,000	\$5,000	\$5,000	\$0	Not yet started
<i>Total</i>				\$63,210	\$51,075	\$12,135	
Alternative Income	Microenterprise development (productive resources) ⁹		-		\$0	\$0	
	Bee-keeping project/woman ¹⁰	18x3	\$500 ¹¹	\$27,000	\$18,000	\$9,000	In progress
	Livestock for animal husbandry (average cost per unit)	100x3	\$50	\$15,000	\$10,000	\$5,000	In progress
	Beadwork project/woman (average, if applicable)	100x3	\$25	\$7,500	\$5,000	\$2,500	In progress
	Training workshops		-		\$0	\$0	
	Materials and supplies/month ¹²	12x3	\$10	\$360	\$360	\$0	In progress
	Merry-go-round management and administration/year	3	\$1,000	\$3,000	\$3,000	\$0	In progress
<i>Total</i>				\$52,860	\$36,360	\$16,500	
<i>Administration (9%)</i>				\$20,719	\$11,392	\$9,327	
GRAND TOTAL				\$250,934	\$212,972	\$37,962	

⁸ This budget line includes the cost of the assessment, drilling, materials, piping and placement of a single access point or water kiosk.

⁹ This includes supporting women through whatever small businesses they choose to establish within the community. Whether this is bee keeping or artisan projects, Free The Children provides women with the non-cash resources to get started.

¹⁰ Bee keeping is not necessarily the only activity that women can participate in. Another option includes beading.

¹¹ This amount is per women, over the course of the project.

¹² Materials include paper/notebooks and pens and pencils, as well as general office supplies. This also includes creation of work books and modules for groups.