

Interim Report VI

Adopt a Village – Osenetoi

Submitted To:

SVQF

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INTRODUCTION

Free The Children is proud to report back on progress made during the winter in Osenetoi with community members playing an active role in their own sustainable growth and development and that of their community. Over the past three months, the students of Osenetoi have seen incredible progress made, especially in the areas of education and health care. Students have taken on a more active role in their school's development and teachers continue to go above and beyond to ensure that students are getting the support that they need to succeed in school, and move the community of Osenetoi forward.

Free The Children is so pleased to report back on the growth that was seen in Osenetoi and the impact made on the lives of thousands of community members. Thanks in large part to SVQF's support, the Adopt a Village program continues to move forward and reach out to thousands of people every day, offering them the opportunity to play a critical role in their community's development and sustainable growth.

EXECUTIVE SUMMARY

| Program | Adopt a Village |
|-----------------------------------|---|
| Country | Kenya |
| Program Goals | <ul style="list-style-type: none"> • Provide access to quality primary education • Provide access to clean and safe water for all community members • Provide access to standard health care facilities and medical resources. • Increase empowerment and independence of women • Increase base family income through sustainable and diversified income generating activities |
| Sectors of Focus | Education, Water and Sanitation, Health, Alternative Income |
| Operational Area | Osenetoi, Narok South District |
| Program Start Date | December 2010 |
| Funding Partner | Sanam Vaziri Quraishi Foundation (SVQF) |
| Total Budget | \$250,000 |
| Funds Disbursed to Date | \$140,000 |
| Predicted Number of Beneficiaries | 2,000 (Direct and Indirect) |
| Free The Children Contact | Alexandra Martin, Program Manager |

EDUCATION

Status of Projects Funded by SVQF

| Project Funded | Status |
|------------------------------------|-----------------|
| 5 classrooms | In progress |
| 5 classrooms outfitted | In progress |
| 2 teacher accommodations (5/class) | Not yet started |
| Textbooks | In progress |
| 200 school kits | Not yet started |
| 2 teacher training workshops | Completed |
| 1 library | Not yet started |

Education Impacts at a Glance

| Project Indicator | Impact |
|--|--------|
| Number of students enrolled and regularly attending | 276 |
| Number of boys enrolled | 154 |
| Number of girls enrolled | 122 |
| Total number of classrooms needed to accommodate the students | 8 |
| Number of pre-existing permanent classrooms | 3 |
| Number of pre-existing semi-permanent classrooms needing to be repaired or rebuilt | 2 |
| Number of classrooms currently under construction | 1 |
| Number of teachers currently employed | 11 |
| Number of female teachers | 3 |
| Number of male teachers | 8 |
| Teachers participating in School Pride Program | 11 |
| Number of external stakeholder meetings | 4 |

The start of 2012 in Osenetoi ushered in a new school year. In preparation for that, students worked extra hard throughout December to cover all course material and teachers spent extra time in school coaching students. The teachers of Osenetoi primary also continued to stress the importance of active parent participation in their child's education which is a key component of sustainability. All the students were very happy as they sat for their year-end examinations because of the incredible investment the entire community has made in education.

As a result of this hard work, children celebrated their successes and reflected upon their progress in anticipation of 2012. So far, Free The Children has seen attendance, performance and retention rates go up at Osenetoi primary, with many other exciting developments to share. Namely, the number of students enrolled and regularly attending Osenetoi primary has increased by 24% since 2010. Also, new construction has begun in Osenetoi with the digging of the school's foundation completed. The next step will be to lay the foundation in the coming months.¹

¹ In the initial Adopt a Village program proposal for Osenetoi, 5 classrooms were planned for the community in 2012. However, the building schedule has been revised and Osenetoi will have 4 classrooms completed this year. This is because of the importance of relationship-building to set the community up for success. Free The Children will continue to focus on defining the partnership with Osenetoi and ownership of projects by the community.



Also, this is the first year that Osenetoi is able to provide education up to grade 8. With these students working towards national examinations, extra study sessions are being encouraged and teachers are going above and beyond to ensure that Osenetoi stands out as an exemplary school in the region. Grade 8 national examinations are important because they signify the achievement of the Kenya Certificate of Primary Education. The scores that children receive on their certificate play an important role in determining whether they are eligible to attend high school. And, with the opening of Kisaruni, the all girls secondary school in the region, girls have a viable opportunity to go to continue their education past grade 8.

Children are enjoying hot lunches with their lessons thanks to Free The Children's nutrition program. The rains are continuing to be unreliable in this community, so the ability to supplement nutrition is critical to student success at school. Over the past 3 months, 21 bags of maize and 6 bags of beans were supplied to Osenetoi primary. The school feeding program continues to play an important role in ensuring students have lunch at school and can concentrate on their studies.

The head teacher's focus group meeting was attended by head teachers from all of the area's Free The Children schools. The teachers shared best practices in a capacity-building and networking forum, where they focused on the importance of school beautification and maintenance. Reliable repairs and even landscaping improve the appearance and safety of the building, but also help the students feel a sense of pride and ownership over their learning environment. These meetings prove that teachers are committed, not just to the education of their students, but also to the betterment of their school and community.

Given that schools in Kenya are closed for the month of April, a special meeting was held with head teachers to find best practices for securely preserving all food balances during this time. Teachers exchanged ideas with other schools and continued to build ties across communities in the Narok South District which is critical for future collaboration.

The School Pride Program held its first ceremony of 2012 on the 23rd of February.² All Free The Children supported communities gathered in the nearby community of Motony to celebrate their hard work and success. Schools were awarded and recognized across Narok for their exemplary performances in a number of categories including performance in national examinations, maintenance and cleanliness of schools and educator performance. A renowned educator names Mr. Kirui attended the ceremony to

² The School Pride Program is a teacher incentive program established to promote active teacher engagement in education and their school community.

thank Free The Children for their support of education and to urge students to continue to work hard. In total over a thousand students, teachers and community members attended the ceremony. This speaks to the value of the School Pride Program in inspiring youth to achieve their greatest potential and in instilling a sense of pride and ownership of development activities in each community.

WATER AND SANITATION

Status of Projects Funded by SVQF

| Project Funded | Status |
|---|-----------------|
| 4 double-unit latrines | In progress |
| 8 hand-washing stations | Not yet started |
| 12 water, sanitation and hygiene education sessions | In progress |
| 1 borehole well | Not yet started |
| 1 masonry tank | Not yet started |

Impacts at a Glance

| Project Indicator | Impact |
|---|--------|
| Number of latrines planned | 6 |
| Number of latrines completed | 3 |
| Number of hand-washing stations planned | 8 |
| Number of water, sanitation and hygiene education classes delivered | 1 |
| Number of women attending water, sanitation and hygiene education classes | 10 |

Free The Children is excited to announce the completion of three double-unit latrines in Osenetoi! There are a total of 6 latrine blocks (or double-unit latrines) planned for Osenetoi, of which 4 are generously being funded by SVQF. Latrines play an integral role in increasing enrollment and retention of girls in school. By having appropriate sanitation facilities, girls are more likely to remain in school for the entire school day because they feel comfortable and safe in the school environment.

As Free The Children looks forward to Spring in the Mara, the community of Osenetoi will be planning their water, sanitation and hygiene education classes with women of the community, to ensure that families continue to practice safe methods of sanitation on a regular basis. Also to take place this year includes the construction of hand-washing stations at Osenetoi primary. These will work in tandem with proper latrine use and water education classes to create a holistic change among community members by decreasing incidences of waterborne diseases and improve the health of community members.

One project that many in Osenetoi are excited about is the borehole well. Boreholes are a key part of Free The Children's long-term strategy to improve Osenetoi's resistance to drought and provide sustainable access to clean water. The borehole system involves digging a well and installing a vertical pipe (casing) and well screen to keep the borehole from caving. By drawing on groundwater sources, boreholes provide reliable access to clean water, enabling not only the maintenance of good health but also promoting livelihood security by making irrigation of gardens and crops possible. Given the large scale of a borehole project there are many phases to complete in preparation for implementation.

In the next two years SVQF's contributions will support:

- Community Mobilization and Sensitization

- A Hydrological Study - Drilling, test pumping and analysis of water
- Acquisition of drilling authorization
- Environmental Assessment Submission
- Facilitate election of Water Management Committees/Operators
- Construction of storage tanks
- Digging of pipeline trenches
- Testing and commissioning



Clean Water and Sanitation projects are vital to develop healthy communities. Safe water and proper sanitation helps reduce the prevalence of preventable diseases. Free The Children looks forward to sharing progress on water projects in the coming months.

HEALTH CARE

Status of Projects Funded by SVQF

| Project Funded | Status |
|-------------------------------------|------------------------|
| 12 visits from mobile health clinic | In progress |
| 12 health education workshops | In progress |
| 1 teacher training workshop | Not yet started |
| 2 health awareness days | In progress |
| 15 household chimneys | 4 chimneys constructed |
| Health supply delivery | In progress |
| Nutrition program | In progress |

Impacts at a Glance

| Project Indicator | Impact |
|--|--------|
| Number of students receiving lunch | 254 |
| Number of students participating in school based environment club | 40 |
| Number of children participating in de-worming program | 210 |
| Number of mobile health clinics conducted | 6 |
| Total number of students training health education over the summer | 20 |
| Number of people benefitting from school gardens | 244 |
| Number of health lessons given | 2 |

Free The Children is excited to share a number of advancements made in the field of health. Improving access to quality health care directly impacts a community's ability to realise individual's rights.

By the end of 2011, 600 trees have been planted so far at Osenetoi primary! The school's environmental club, made up for 20 boys and 20 girls, has taken an active role in making sure the trees are regularly watered, especially during dry seasons. The environmental club members' one year term came to an end in December and through a meeting convened by the head teacher for everyone involved, they were applauded for their good work of being environmental ambassadors in the school. As an example of their engagement in the school community, health club members planned a new health initiative at the end of 2011.

The main objective of the health initiative was to enhance technical skills in primary disease prevention among students at Osenetoi primary by:

- Enabling students to understand their role/responsibility in disease prevention
- Helping students demonstrate personal/community skills in disease prevention
- Helping students understand different pathways of disease infections
- Help students to understand locally available nutrients and their importance

This contest was very successful as indicated by a post contest interview. Also, new students are now interested in joining the health club and related activities as well as are sharing the valuable lessons they are learning with their families.

A nurse and social worker visited Osenetoi in the winter and educated the pupils on personal and environmental hygiene. In addition, in the final term of the 2011 school year, 210 students and 11 teachers were de-wormed. Worm infestations can lead to serious health issues and, as a result, cause a child to miss school and not fully realize their potential. By undergoing regular deworming, children like those in Osenetoi can increase their school attendance and combat many childhood illnesses.

A core component of health programming is the involvement of women's groups. Group sessions are continuing where a social worker makes home visits educating the families and following up on various health-related issues that are common in Osenetoi. In a meeting with 34 mamas, the following topics were covered;

- Education on the 8 habits for a healthy home which includes:
 - Dish drying rack
 - Latrine and hand washing station
 - Bathroom
 - Kitchen garden
 - Rubbish pit
 - Hanging line for clothes
 - Boiling water
 - Building a chimney
- Education and awareness-raising around cultural practices
- Family health and social development

A new focus for the women's groups includes education on the new chimney project. A total of 4 chimneys were constructed in the community between January and March with plans to continue construction over the course of 2012. The chimney project is a Free The Children health initiative which

commenced in 2011 in Kenya. It has been coined as the eighth health indicator to a healthy home. The smokeless chimney project will equip community members with high-efficiency wood-burning stoves and chimneys that not only decreases deforestation by reducing the amount of firewood consumed, but also lowering the incidence of respiratory tract infections.

The chimney is a modified fire place that will provide an outlet of smoke that is self-contained. The current fire places used by community members are open-concept; therefore smoke circulates throughout poorly ventilated areas. Inhalation of smoke is main cause of respiratory tract infection, a prevalent health issue at the Baraka Clinic. Burns are also very common among the young children because of the open nature of existing fireplaces. Furthermore, the fireplaces consume a lot of firewood. A newly designed chimney will alleviate these common issues that affect Free The Children communities in Kenya.



Since January, the environmental club has also been very busy. Members planned a competition whereby they are competing in drama as well as composition writing on environmental conservation. The theme for the drama competition is "Trees, the beauty of our environment". The broad objective of the drama competition is "To promote environmental conservation among the pupils and teachers".

The specific objectives included:

- Enabling students to understand their role in conserving the environment
- Helping students to learn tree planting procedures, importance and environmental considerations of tree planting

Within the writing composition activity, students were challenged to choose a topic facing their local environment to promote writing skills among the pupils, and to test peer awareness of current environmental issues and of the environment curriculum.

Lastly, in February, a comprehensive school health exercise took place in Osenetoi primary. It was spearheaded by one nurse and the social worker with a core focus on health education, deworming and monitoring school health awareness. The following students were dewormed during the month of February.

| CLASS | BOYS | GIRLS | TOTAL |
|------------|------|-------|-------|
| Nursery | 37 | 23 | 60 |
| Standard 1 | 15 | 8 | 23 |
| Standard 2 | 15 | 12 | 27 |

| | | | |
|--------------|------------|------------|------------------------|
| Standard 3 | 21 | 14 | 35 |
| Standard 4 | 18 | 18 | 36 |
| Standard 5 | 14 | 9 | 23 |
| Standard 6 | 11 | 10 | 21 |
| Standard 7 | 8 | 2 | 10 |
| Standard 8 | 5 | 6 | 11 |
| Total | 144 | 102 | 254³ |

With respect to health education, students were educated on the importance of hygiene and sanitation on how to put measures into practice that ensure effective diseases prevention. They also engaged in discussion around prevention of intestinal parasitic infections.

Over the coming months, Free The Children will be working closely with Osenetoi to track progress made in raising awareness on health care issues. The health patron and head teacher were briefed on what is expected from school health program and a hard copy of the school health curriculum was issued to guide them to continue to promote a comprehensive health program as it has been incredibly successful so far.

ALTERNATIVE INCOME

Status of Projects Funded by SVQF

| Project Funded | Status |
|--|-------------|
| Microenterprise development resources distribution | In progress |
| Training workshops | In progress |

Impacts at a Glance

| Project Indicator | Impact |
|---|---|
| Number of Alternative Income beneficiaries | 210 (Direct and Indirect) |
| Number of women's groups formed | 2 (groups range in size from 15-30 women) |
| Number of training sessions/month | 2 |
| Number of women actively participating in program | 50 |
| Number of groups in program Phase 1 | 2 |
| Length of merry-go-round cycle | Approximately 22 to 24 weeks (subject to change based on number of women participating because all women need to withdraw funds from the merry-go-round before entering subsequent cycles.) |
| Traditional areas of investment for Phase 1 | Housing improvements, clean water storage tanks, kitchen chimney, kitchen utensils, school costs for children, investment in small business (on occasion) |

³ The number of students dewormed is less than the number of students regularly enrolled and attending school. This is due to the fact that enrollment and attendance is recorded at the beginning of the school year, but students' regularly attending fluctuates, especially at the beginning of the year when this deworming session took place. A series of deworming sessions take place over the school year to ensure that all students are treated.

| | |
|---|--------------------|
| Increase in average yearly income (since program inception) | 0.2 USD to 0.5 USD |
|---|--------------------|

Alternative income programming continues to push forward due to the determination, commitment and passion of the women of Osenetoi. A recent community meeting for the two local women's groups was well attended with 41 out of the 50 women actively participating. The Naredoi and Namayana women's group members met together continue to work on developing the essential skills that build trust within their groups. Because of this, the women are one step closer to achieving one of the most important tasks for an alternative income group: selecting the business model that will be a sustainable source of income for the 24 members and their families.

The meeting began with a word of prayer from Kizaru Sena, the secretary Naredoi Women Group. The participants then introduced themselves and their roles in the groups. The ground rules were set thereafter which included the following:

1. Respect for each other's' views
2. Sobriety at all times in class
3. Strict time observance
4. Avoiding mini-meetings
5. Participation by everyone

It is important to stress the overarching rules at meetings as an underlying key to success in alternative income programming is discipline. This concept was driven by the people in the community who recognize their need to set standards and adhere to them to ensure their groups reaches their goal of improving economic empowerment and promoting self-sufficiency, independence, and solidarity of the beneficiary community.

On a greater level, Free The Children recognizes the importance of bringing the Naredoi and Namayana groups together periodically to promote the sharing of best practices and foster a sense of community between women who are role models for the entire community. Topics covered in this larger meeting included:

1. Importance of the group structure

The first lesson was intended for the participants to understand the importance of a group in building trust and support among women.

2. Roles of the Chairlady, Secretary and Treasurer

- (i) Chairlady – organizes meetings and review sessions, chairs the meetings and summarizes them at the end; ensures that the group constitution is followed, ensures treasurer and secretary do their jobs properly, instills group discipline and develops trust and harmony.
- (ii) Secretary – writes minutes/agendas, does record keeping, invites members to meetings, reads the minutes and signs them with the chairlady.
- (iii) Treasurer – maintains and safeguards all financial records and accounts of the group; keeps and safeguards the petty cash and makes payments in time.

3. Rights of Members

- Approve or change the constitution
- Election of officials or office bearers

- Voting on significant actions of the group and requiring office bearers to comply with the laws

The members appreciated the support provided during this meeting. Coming away from this reenergized the women and provided them with tools to work together more efficiently. With a broader sense of purpose instilled, Namayana and Naredoi have continued to hold their own meetings every two weeks.

CONCLUSION

It has been a busy winter in Osenetoi, with a new school year underway and an impressive amount of activities and projects already taking place. Students are inspired by the progress made in Osenetoi in 2011, and are striving to improve the school environment to foster a place where students love to learn, and teachers love to teach.

To showcase success, Free The Children is committed to constantly improving its ability to capture impact-related data on progress made in the communities in Kenya. In an effort to capture education-related data specifically, a quantitative data collection form has been designed. This form will capture a number of indicators including tracking the number of students per class. Free The Children is committed to showcasing impact through quantitative analysis and continued investment in this will enable accurate monitoring and evaluation of programming and projects.

Free The Children is incredibly grateful for the support of SVQF and looks forward to sharing more updates from Osenetoi in the coming months.

BUDGET AND FINANCIAL TRACKER

| SVQF Kenya Project Costs | | | | | | | |
|---|--|-------|-----------------|-----------------------------|----------------------|-------------------|-------------------------------------|
| Adopt a Village | | | | | | | |
| Osenetoi, Narok District (South), Kenya | | | | | | | |
| | | Units | Unit Cost (USD) | Total Budgeted Over 3 Years | Total Funded to Date | Balance Remaining | Project Status Notes |
| Education | Classroom construction | 5 | \$8,500 | \$42,500 | \$42,500 | \$0 | 2 classrooms complete |
| | Outfitting (desks, chairs, classroom fixtures) | 5 | \$2,500 | \$12,500 | \$12,500 | \$0 | 2 classrooms outfitted |
| | Teachers' Accommodations/staff | 2 | \$5,000 | \$10,000 | \$0 | \$10,000 | Not yet started |
| | Textbooks (for a class of 40) | 5 | \$150 | \$750 | \$750 | \$0 | In progress |
| | School supplies or school kit | 200 | \$24 | \$3,840 | \$3,840 | \$0 | Not yet started |
| | <i>Teacher Incentive Program/teacher</i> | | - | | \$0 | \$0 | |
| | Teacher training or workshops | 2 | \$1,000 | \$2,000 | \$1,000 | \$1,000 | 2 workshops complete |
| | Library | 1 | \$15,000 | \$15,000 | \$0 | \$15,000 | Not yet started |
| Total | | | | \$86,590 | \$60,590 | \$26,000 | |
| Health | <i>Mobile Health Clinic</i> | | - | | \$0 | \$0 | |
| | Medication/month | 12x3 | \$150 | \$5,400 | \$3,600 | \$1,800 | 1 clinic visit completed each month |
| | Medical and General Supplies/month | 12x3 | \$50 | \$1,800 | \$1,200 | \$600 | Supplies delivered each month |
| | <i>Health Education Workshops</i> | | - | | \$0 | \$0 | |
| | Women's group health related training/month | 12x3 | \$5 | \$180 | \$120 | \$60 | In progress |
| | School health Club training/month | 12x3 | \$5 | \$180 | \$120 | \$60 | In progress |
| | Trainer Training Workshops | 1 | \$1,250 | \$1,250 | \$1,250 | \$0 | |
| | Health Awareness day (full reach) | 2 | \$1,250 | \$2,500 | \$1,250 | \$1,250 | 1 awareness day held |
| | Chimney Project (per household) | 15 | \$75 | \$1,125 | \$0 | \$1,125 | 4 chimneys complete |

| | | | | | | | |
|---|--|-------|----------|-----------|-----------|-----------|---------------------|
| | Health Supplies | | - | | \$0 | \$0 | |
| | First Aid Kit/unit | 1 | \$100 | \$100 | \$100 | \$0 | In progress |
| | Information Resources and Educational Tools | 1 | \$20 | \$20 | \$20 | \$0 | In progress |
| | Kenya Nutrition Program (lunch/child/year) | 200 | \$25 | \$15,000 | \$10,000 | \$5,000 | In progress |
| Total | | | | \$27,555 | \$17,660 | \$9,895 | |
| Water and Sanitation | Latrine construction | 4x2 | \$750 | \$6,000 | \$6,000 | \$0 | 3 latrines complete |
| | Hand-washing station construction and restocking | 8 | \$75 | \$600 | \$600 | \$0 | Not yet started |
| | Water, Sanitation and Hygiene Education | | - | | \$0 | \$0 | |
| | School-based materials/month | 12x3 | \$5 | \$180 | \$120 | \$60 | In progress |
| | Women's group based materials/month | 12x3 | \$5 | \$180 | \$120 | \$60 | In progress |
| | Community based | 1 | \$1,250 | \$1,250 | \$1,250 | \$0 | In progress |
| | Water System Construction - Borehole | 1 | \$50,000 | \$50,000 | \$0 | \$50,000 | Not yet started |
| | Masonry Tank | 1 | \$5,000 | \$5,000 | \$5,000 | \$0 | Not yet started |
| Total | | | | \$63,210 | \$13,090 | \$50,120 | |
| Alternative Income | Microenterprise development (productive resources) | | - | | \$0 | \$0 | |
| | Bee-keeping project/woman | 18x3 | \$500 | \$27,000 | \$18,000 | \$9,000 | In progress |
| | Livestock for animal husbandry (average cost per unit) | 100x3 | \$50 | \$15,000 | \$10,000 | \$5,000 | In progress |
| | Beadwork project/woman (average, if applicable) | 100x3 | \$25 | \$7,500 | \$5,000 | \$2,500 | In progress |
| | Training workshops | | - | | \$0 | \$0 | |
| | Materials and supplies/month | 12x3 | \$10 | \$360 | \$240 | \$120 | In progress |
| | Merry-go-round management and administration/year | 3 | \$1,000 | \$3,000 | \$2,000 | \$1,000 | In progress |
| Total | | | | \$52,860 | \$35,240 | \$17,620 | |
| Administration (9%) | | | | \$20,719 | \$11,392 | \$9,327 | |
| Total | | | | \$250,934 | \$137,972 | \$112,962 | |
| Total Funds Remitted to FTC on Hold for Year 3 Programming | | | | | \$2,028 | | |